

FSCAN Screening Diabetics

The FSCAN is a study that determines under real time weight bearing pressures during walking. This screening test will help provide information to San Luis Podiatry Group that will help us determine your potential risk for the development of a foot ulceration.

After your study we will send your completed results and recommendations to you as well as your primary treating physician. It is important for you to know that your study will be conducted by a non-physician technician.

Two and three dimensional graphical representations of the foot precisely locate and record abnormal pressure distribution in real time, frame by frame. High risk areas and abnormal gait can be instantly identified. Treatment can then be planned and executed accordingly. Post treatment F-Scan follow-up will substantiate the effectiveness of treatment.

1. How long have you had Diabetes?
2. Who is your primary care provider?
3. Do you have a history of neuropathy? Y or N
 - Neuropathy symptoms can include the feeling of foot numbness, tingling, burning pain, sharp knife like pain often noted more at nighttime.
4. Do you have a foot deformity including some of these examples? Y or N
 - Tight calf muscles
 - Hammertoes
 - Bunion deformity
 - Tailors bunion deformity
 - Arthritic changes in the foot
 - Severe flatfoot
5. Have you ever had an ulceration on your foot? Y or N
6. Have you ever had a partial or complete amputation of the foot? Y or N
7. Do you have a history of poor blood flow ([Peripheral Arterial Disease- PAD](#))
Y or N

- Symptoms can include the following:
- Predictably occurring pain, fatigue or cramping during walking that is relieved by rest.
- An example would be only being able to walk 4 or 5 blocks and then having to stop to rest because your calf muscles hurt prior to resuming walking

8. Do you have a foot callous? Y or N

- Callous or thick skin occurs in areas of increase pressure and friction and is generally considered a preulceration of the foot

Do you need special shoes?

In an effort to prevent [foot ulcers](#) in people with diabetes who are at risk, Medicare will help pay for therapeutic shoes. For those who qualify, Medicare will pay 80% of the allowed amount for one pair of shoes and up to three pairs of molded innersoles per year. (The allowed amount varies depending on the kind of footwear you need.) Most secondary insurers will help pay the other 20%.

Your foot screening will help determine whether or not you qualify for Medicare approved special shoes. If you are qualified for Medicare approved shoes your treating primary care physician will be contacted to determine that you are under a comprehensive care program for your diabetes prior to prescribing the diabetic shoes.

A annual visit to a podiatrist is always recommended when you have diabetes mellitus. Dr. Byrne will review your foot risk and discuss conservative measures of ulceration prevention prior to referring you to Travis Freitas, Cped. for your prescription footwear.

What if I don't meet Medicare Guidelines for prescription Shoewear?

If you do not meet Medicare guidelines for diabetic shoes it is still very important that you wear shoes that will support preventative foot health. It is important for you to understand what type of shoe that you should be wearing related to your foot type and foot mechanics. Travis Freitas, Cped. is available for diabetic shoe evaluations upon appointment in both Templeton and San Luis Obispo office locations.

How much will my FSCAN study cost?

There is no cost for the diabetic FSCAN screening test. If more extensive long term FSCAN testing is required to monitor the effectiveness of your Medicare approved shoe and orthotic therapy some costs may apply.

The cost for additional FSCAN diagnostic screening is \$175.00 per year which includes at one time \$25.00 fee for the FSCAN in shoe pressure sensors and \$50.00 for repeat FSCAN studies three times yearly.

Medicare and any secondary insurance will be billed for the FSCAN diagnostic testing. San Luis Podiatry Group will bill your primary and secondary insurance upon your behalf for the FSCAN study. If your insurance pays on your behalf for these studies you will be reimbursed the difference.

If you have any questions regarding insurance coverage please speak to our billing department at 543-7788.